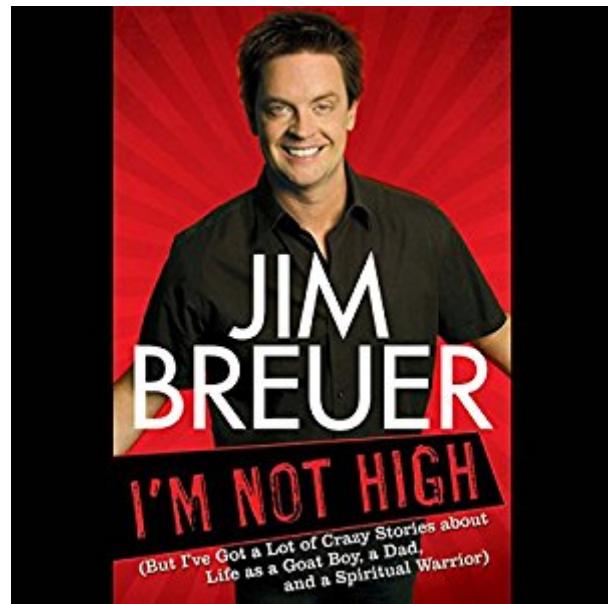


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# I'm Not High



## Synopsis

A deeply personal, deeply hilarious memoir from one of America's most beloved Saturday Night Live comedians. With his goofy smile, sleepy eyes, and stoner's laugh, Jim Breuer might not appear to be the most introspective comedian out there. The fact that he made his mark playing Goat Boy on Saturday Night Live and a recalcitrant toker in the stoner classic Half Baked doesn't help his reputation at all. But in I'm Not High, we meet a whole new Jim Breuer: the Jim who tours the country with his whole family in tow; the Jim who cares for his ailing 85-year-old father; the Jim who considers himself a deeply spiritual person. I'm Not High reveals the complex man behind the simpleminded persona, bringing to life true stories from a career that has spanned two riotous (yet somehow semi-righteous) decades. Jim dishes on everything from the SNL years to his early adventures in film. The cast of characters in I'm Not High includes Chris Farley, Dave Chapelle, and Tracy Morgan - who all taught Jim lasting lessons about the high-stakes game of fame. He also chronicles the constant role his family has played in keeping him honest. Whether he's arguing with his wife about religion (Is it okay to believe in God but not believe in church?), trying to take care of his kids, or helping his father get through the day with his dignity intact, it's clear that some of his best material comes from his best moments as a son and a dad and a husband.

## Book Information

Audible Audio Edition

Listening Length: 11 hours and 19 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Penguin Audio

Audible.com Release Date: September 21, 2010

Language: English

ASIN: B0043UO3II

Best Sellers Rank: #104 in Books > Audible Audiobooks > Arts & Entertainment > Performing Arts #108 in Books > Audible Audiobooks > Humor > Essays #126 in Books > Humor & Entertainment > Humor > Comedy

## Customer Reviews

Just a great read. Jim is a great story teller with a lot of funny and serious tales about his life. Jim proves to be a true family man despite hanging out with big stars such as Lars from Metallica and Dave Chappelle. Breuer also reminisces about one of the most memorable skits in SNL history

where Joe Pesci and Robert De Niro make an appearance. Jim brings his stories to life while on air on The Howard Stern Show and Opie and Anthony on Sirius/XM which is where I discovered the genius of Jim Breuer

If you're like me, you've probably read a few of your favorite people's biographies, and probably found them lackluster. You feel you might as well have just read their wikipedia page, and when they do get to dish on something new, they are constantly kissing other people's asses. "Working with so and so was so wonderful, I have nothing else to say." Alright then. And nothing is worse than you can tell it wasn't actually written by the person in question, rather by someone else as relayed to them. Breuer's book is nothing like those wastes of trees. It's honest (stories about him almost being aborted and cleaning up after his father are right from the get-go,) funny, and incredibly well written. Have you ever read the Harry Potter novels, where despite their length, they are so well crafted that the words almost read themselves and the pages fly by? The same is with Breuer's book: it's like you've sat down with him and are hearing the stories from his mouth. Forget all you know about books written by comedians or celebrities. This is a damn good read. P.S. I don't work for the publisher, by the way, and don't personally know Breuer. My 5 stars is honest. I've heard him on Opie and Anthony over the years, and found his story telling to be amazing. Definitely youtube clips of him if you're still on the fence. Anything involving Pizza Man.

I have been a fan of Jim Breuer since his SNL days. I am a SiriusXM subscriber as well. I always laugh hysterically when he is interviewed by Howard Stern. I have always thought Jim was funny, but after reading his book I now know he not only funny but a great person. Jim seems to be the everyday guy grateful for his success and appreciative of everything he has in life. When I was reading the chapter when he was in LA doing a pilot I was actually rooting for him and felt as though I was going through the struggle with him. You can't help but become emotionally invested in this book. I am glad I bought and I have recommended to several people. You will not regret purchasing this book.

As somebody mentioned above, I too am often tempted to pick up memoirs written by my favorite comedians, actors, and/or musicians. Aside from a select few, most of them...well...suck. They are poorly written, loosely conceptualized, and often times feel rushed to completion. With that said, Jim Breuer's seems to break the mold. I must say that I have not yet finished the book. In fact, I haven't even finished half of it. But it's been such a refreshing experience for me that I just had to tell

somebody. It's made me laugh, it's made me cry (not literally, but you know what I mean), and it's made me think. Jim is such a great story teller, and more importantly, he's got interesting stories to tell. His take on the whole "spirituality vs. religion" idea is quite poignant and his reminiscing of old childhood memories is done with an almost aspergers like level of detail. I want to end this review so I can get back to reading, but let me just tell you it's a surprisingly well written book (no co-author to my knowledge) with a sharp wit, powerful message, and a level of honesty and self realization most of us could only dream of one day achieving. I would proudly display this book along side authors like David Sedaris, Chuck Klosterman, and Augusten Burroughs. I'm not saying he's as good a writer as those guys, but he's made a valiant effort here. Oh, one last thing. This book is funny - both chuckle to yourself funny, and even laugh out loud funny at times - without using the common "setup/punchline" technique most comedians often resort to when attempting to translate their stand up routines to paper.

Buying this book, I thought I get an inside look the crazy stoned guy from Half-Baked, but I was wrong and was pleasantly surprised. Although there are many hijinks when he was living the SNL days, overall, Bruer is a family guy who is very spiritual and shares tells of karma and fate - loves heavy metal, Star Wars and everything else anyone who grew up in the 80s was in to. Its not all comedy but when its serious, it gets heavy and really makes you think about yourself and your own family. This is a guy who was tempted by the scary fate of many SNL cast members, yet pulled through and turned out to be a faithful husband and loving father. Many times you'll find yourself laughing hysterically, like when he talks about his dad, but you will also look forward to the chapters of a more sensitive nature. His relationships with many successful comedians and stars today is honest and direct. He'll leave you wanting more and from hearing him on his Sirius show and Howard Stern, he certainly has more to offer.

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